

Wealden Wholefoods introduces The Wealden Wedge

Our new bespoke loaf made exclusively for our customers by Lighthouse Bakery.
The Wealden Wedge is made with spelt flour, sunflower and flax seeds.

The Wealden Wedge will be served as an accompaniment to our delicious organic soups, salads and paté OR as a unique freshly made sandwich (available from 14 June).



EAT IN
OR
TAKE AWAY



Special Offer from 14 – 25 June

FREE coffee or tea with every Wealden Wedge sandwich eaten in our café

The Wealden Wedge is made with spelt flour, sunflower and flax seeds. Spelt, was widely grown in Roman times. It is an ancestor of modern wheat and has a high fibre and low gluten content which makes it much easier to digest than modern wheat.



Wealden Wholefoods Café

Enjoy organic and tasty freshly made food and drinks in our café.
Now summer is here, you can meet friends and family in our
café and sit outside in our peaceful back garden.

